President Tells How He Handles Pressure

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Following is an excerpt of remarks by President Nixon Sunday night on pressure an dthe presidency. He spoke at a dinner party given in California by Roy L. Ash, director of the Office of Management and Budget:

You wonder sometimes, and I am often asked, you take the burden of the presidency, particularly when at times it seems to be under, very, very grievous assault. Let me say it isn't new for us to be under assault because since the time we came into office for five years we have had problems. There have been people marching around the White House, when we were trying to bring the war to an end, and we have withstood that and we will withstand the problems of the future. People wonder how does any individual these days, when we have very high pressured campaigns in usually the media and the rest taking on public figures, how does an individual take it, how does he survive it, how do you keep your composure, your strength and the rest?

Well, there are a number of factors. First, you have got to have a strong family, and I am very proud of my family. But second, you have got to have also a lot of good friends, people that you have known through the years, people who write you, who call you, or who see you and say, "we are sticking by you." I can assure you that no man in public life—and I have studied American history rather thoroughly—has ever had a more loyal group of friends . . .